







Our tips on what to pack for your family ski holiday...

Ski holiday booked Passports located and all valid! EHIC cards Winter Sports Insurance Airport parking booked

If you have all of the above organised you are off to a great start. Now it's time to think about packing for your family ski holiday. We've collated these tips to help you get started;

Points to consider before you pack (or maybe whilst you are sitting on your suitcase in vain attempting to close it!)

- Start preparing to pack a week (even 2) before you travel
- Use our printable packing checklist below
- Don't over-pack older children are likely to be in ski gear for much of the day, even if you have booked our <u>Childcare</u> Services.
- Once back indoors and at the end of the afternoon, most children will be keen for a bath and to snuggle into their PJs
- Think about what VIP SKI can provide for you then take these items out of your suitcase.
- Chalets are warm and if you have sufficient warm outdoor clothing, then there is no need to rush out and purchase lots of bulky warm fleeces and jumpers.

We recognise that airline luggage allowances don't always reflect the needs of our family groups. In an emergency your chalet host or nanny may be able to assist with laundry, or you can use the local laundrette. Alternatively you could purchase a tube of hand wash to rinse out smaller items such as bibs, underwear and smaller items of clothing in the bathroom sink. Clothes of that size will dry in no time, and could save a lot of luggage space.

You've thought about the main points and now take a look at our checklists below and get packing.

Most importantly, we hope you have a fantastic VIP SKI holiday.

Packing for infants & toddlers - our checklist...



GENERAL CLOTHING	FROM THE BATHROOM CABINET	CHANGING
 □ All in one vests (short or long sleeved) □ Baby grows/Sleep suits/PJs □ Sleep bag (if used) □ Tights □ Socks □ Outfits of choice – think mix and match layering, and what is easy to hand wash if 	 □ Baby medicines (definitely pack your prescriptions. Most over the counter medications can be found at the pharmacy, but for ease you may want to pack infant Paracetamol or Ibuprofen) □ High factor sun block □ SPF lip balm 	 ✓ Nappies ✓ Wipes ✓ Formula VIP SKI can provide these items for you at a charge. Click here for more information. ☐ Travel Change mat – Always handy
needed.	□ Nappy cream	HAND LUGGAGE
☐ Swim suit☐ Pair of shoes (Travel in them)	☐ Travel size tin of Vaseline☐ Teething Gel (if required)	☐ Colouring book and crayons
☐ Non slip slippers or slipper socks (if walking)	☐ Travel size shampoo, baby bath and lotion (to compliment what VIP SKI provide)	☐ Books and a rattle or small musical toy ☐ Load your tablet with favourite nursery
FOR OUTDOORS	☐ Hair bands/clips ☐ Face cloth or sponge	rhymes or children's programme for the flight and coach journey to resort
☐ All in one ski suit (for those not walking, consider ones with feet)	FEEDING	☐ Snacks – raisins, chopped fruit, rice cakes & fruit puree pouches are ideal
☐ Warm jumper or cardigan	FEEDING	☐ Food pouches (for those on solids)
☐ Sun glasses (consider Baby Banz, they cannot be pulled off and lost)	☐ Weaning spoons☐ Bottles	☐ Water - buy airside☐ Formula (ready-made)
☐ Mittens on a string (to avoid being pulled of and lost)	☐ Sippy cup☐ Bibs (go plastic, wipes clean so less to wash	☐ Change of clothes ☐ Nappies and wipes
 ☐ Woolly hat – one that covers the ears ☐ Sun hat (especially if you're spring skiing) 	once home)	☐ Comforter (dummy, muslin cloth, toy)☐ Plastic bag

TOP TIP: You should get through security with sealed food pouches and ready-made formula, however did you know you can order from Boots and collect at the airport? Order a week before you travel.





☐ Wellies or Snow Boots (if walking)







Packing for older children - our checklist...



CLOTHING	FOR OUTDOORS (SKI GEAR)	HAND LUGGAGE
 Vests and/or T-shirts Underwear Socks Trousers/Skirts/Leggings − 3 max T-shirts Hooded top or jumper - 2 max 	 ☐ Goggles ☐ Sun glasses ☐ Ski gloves (2 pairs are recommended) ☐ Snood (a better alternative when skiing to a scarf!) 	 □ Kids quiz book/colour book – and crayons/pencils □ Book □ Top Trumps/Uno/Card games □ Load the tablet with films etc. and make surthis is fully charged for the flight and coach.
☐ Hooded top or jumper - 2 max☐ Swim Suit (boys must wear speedo type trunks)	☐ Ski suit or jacket and salopettes (Jacket can act as 'coat' for the week)☐ Thermals	this is fully charged for the flight and coach journey to resort Travel sickness medication, if required
 □ PJs □ 1 pair of shoes (pack and travel in snow boots for extra room) 	☐ Long sleeved thermals☐ Microfleece or similar (depending on the time of year)	 Snacks – avoid chocolate if you can, it melts and is a messy option! Water – buy airside!
☐ Slippers or slipper socks	☐ Woolley hat (although a helmet is necessary when skiing)	☐ Change of clothes (perhaps overcautious however we recommend just in case)
FROM THE BATHROOM CABINET	☐ Ski socks (at least 2 pairs)☐ Snow boots or something similar that is fleece	☐ Plastic bag
☐ Junior Paracetamol and/or Ibuprofen ☐ Medication if required	lined and water proof (travel in them)	
 □ Toothbrush/Paste □ High Factor Sun Block – Including a pocket sized one to pop in kid's salopettes 	TOP TIPS: Children's ski kit is expensive and kids grof from home. They need to be warmer than adults ar	

in keeping out the cold.

Cold hands will ruin a child's day, so bring 2 pairs of gloves as they will get wet at ski school or playing in the snow and may not dry in time for the next trip outside.

There's no need to pack too many clothes, just base layers as kids will be happy to run around inside in their thermals or tights. Do remember to bring slippers or indoor shoes for the chalets as the floors can be slippery.



☐ Face cloth

a dry environment

supermarket/pharmacy

☐ SPF lift balm - perfect for protecting young

✓ Plasters can be found in the chalet first aid

box, and you can buy if required at the

lips and dry patches which can appear in such



